

## ¾ Kit's n' Sticks

### Girls Coaches

Alison Spain - [alionspain1@gmail.com](mailto:alionspain1@gmail.com) - 484-809-2288

Molly Gillespie - [molly.gillespie@tetonscience.org](mailto:molly.gillespie@tetonscience.org) - 978-380-0233

Kennedy Pendell - [kennedypendell@gmail.com](mailto:kennedypendell@gmail.com) - 208-340-5939

### Boys Coaches

Matt Shreiber - [montet202@gmail.com](mailto:montet202@gmail.com) - 208-255-5236

John Lambert - [eastkoastbeats@gmail.com](mailto:eastkoastbeats@gmail.com) - 208-970-5612

Jake Kunz - [jakedkunz@gmail.com](mailto:jakedkunz@gmail.com) - 208-258-0329

Cody Wollstenhulme - [cwool44@hotmail.com](mailto:cwool44@hotmail.com) - 208-346-2308

Please update or install League App on your phone to message with your coach and other players on your team. Make sure your notifications are turned on. This can only be done when logged in on your laptop or home PC. Login to your dashboard and click on *Account Settings* and *Text Message Settings* to update notifications



### **Practice Schedule:**

Monday, Wednesday and Thursday 3:30 - 5:30 at RUES gymnasium until the field is useable  
Once Spring arrives and were on the field

Monday - Thursday 3:30 - 5:30 at the Old Driggs Football Field

Please pack your kids snacks for after school.

### **Required Equipment**

All players must have rule compliant equipment. Helmets must be Nocsae Certified and SEI Certified. Players need to have a colored mouthguard (clear and white not acceptable)  
Purchase a couple for the season, they always lose them. If you plan on purchasing a new helmet in the future, it needs to match the team standard (reach out to Matt or your team coach)  
If you purchase a used helmet, please do your best to coordinate.

**Important Dates:** *Fundraising and Volunteer Hour Opportunities*

**FOR ¾ BOYS ONLY**

Saturday, April 27th & Sunday, April 28th

Gate City LAX Bash at OK Ward Park & Hawthorne Middle School Pocatello

Hotel Block at Courtyard by Marriott

290 Vista Dr Pocatello

208-425-7750

Reservation Block Expires Monday, April 8th

Saturday, May 11th & Sunday, May 12

Driggs Jamboree

Saturday, May 18th and Sunday, May 19th

Boise Day of Lacrosse @

Settlers Park, Meridian

3245 N Meridian Rd

Meridian, ID

Saturday, May 25th and Sunday, May 26th

RAD Memorial Weekend

Jackson Tournament

Saturday June 8th and Sunday, June 9th

Headwaters Classic - Bozeman @

Bozeman's Sports Park

4600 Baxter Ln

Bozeman, MT

Thursday, June 13th

End of the Season Party - Location to TBD

Saturday, June 22nd

3rd Annual Wolverine Classic Golf Tournament with bonus Cornhole Tournament

Saturday, July 20th

Tin Cup Booth - possible volunteer hours

Sign Up Genius email will go out before events

**Tournament Survey** is located on the homepage at [www.tetonlax.com](http://www.tetonlax.com) Fill out ASAP please

Tournament Registration Update:

Invoice to be sent out week after with help from the team parent