

## Spring 7/8 Girl Wolverines

Head Coach – Rachel Fortier, rachel.tetonlax@gmail.com, 208-716-4518

Assistant Coach – Mark Paglierani, markpaglierani@yahoo.com , 774-487-1451

Assistant Coach – Crystal Osbrach, crystal.osbtach@gmail.com, 307-413-1845

Please update or install League App on your phone to message with your coach and other players on your team. Make sure your notifications are turned on. This can only be done when logged in on your laptop or home PC. Login to your dashboard and click on *Account Settings* and *Text Message Settings* to update notifications



Practice Schedule:

Monday - Thursday 4:00 - 5:30 at the Old Driggs Football Field

*If the weather does not cooperate we have indoor space reserved thru April*

RUES gymnasium Tuesdays

Alta gymnasium Wednesdays

### Important Dates: *Fundraising and Volunteer Hour Opportunities*

Saturday, May 11th & Sunday, May 12

Driggs Jamboree

May 18th and 19th

Boise Day of Lacrosse

May 25th and 26th - Memorial Weekend

Jackson Tournament

June 8th and 9th

Bozeman Tournament

Thursday, June 13th

End of the Season Party - Location to TBD

Saturday, June 22nd

3rd Annual Golf Tournament with bonus Cornhole Tournament Saturday, June 22nd

Saturday, July 20th

Tin Cup Booth - possible volunteer hours

Sign Up Genius email will go out before events

Assisting with a Fundraising Event – ask Heather [heather.tetonlax@gmail.com](mailto:heather.tetonlax@gmail.com)  
We may discover the need for additional volunteer help and would greatly appreciate your flexibility and assistance if you can!

Tournament Registration Update:  
Invoice to be sent out week after with help from the team parent

**Tournament Survey** is located on the homepage. Fill out ASAP

## Raffle Ticket Sales

- ★ Each player is responsible to sell 5 \$10 tickets
- ★ Drawing will be on Wednesday, May 1st – winner will be contacted directly and posted on social media with permission
- ★ Grand Prize is \$500 Runner up is \$250
- ★ Player that sells the most tickets get \$100 and 2<sup>nd</sup> place gets \$50

## Please be aware we updated the gear rental policy

TVYLA is doing its best to keep registration and tournament fees as low as possible. With that, we have decided to update our gear rental policy. This will apply to the 2024 season. Boys Varsity, Girls J.V., both 7/8<sup>th</sup> and 5/6<sup>th</sup> team participants will need to acquire the appropriate gear for their season. And don't forget to order or pick up a mouthguard or 2 before practice starts.

Full gear rental will be available for 4<sup>th</sup> grade – Kindergarten

-Spring Season only Boys \$60

\*For boys this includes helmet, shoulder pads, elbow pads, gloves, and stick

-Spring Season only Girls \$50

\*For girls this includes helmet and stick

-Extended Rental includes 2024 Spring and Fall Ball – keep the gear for summer to use for camps

\*Boys Extended Rental \$100

\*Girls Extended Rental \$90

**-Helmet only rental is available for 5<sup>th</sup> and 6<sup>th</sup> graders only**

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To help encourage new players, TVYLA is offering free rental to first year players only

First Year Players Rental is for Boys and Girls HS, 7/8<sup>th</sup> and 5/6<sup>th</sup> participants that have not played before. There is a \$50 deposit required for gear usage.

## Required Equipment

All players must have rule compliant equipment. Helmets must be Nocsae Certified and SEI Certified. Players need to have a colored mouthguard (clear and white not acceptable). If you plan on purchasing a new XRS Pro helmet in the future, it needs to match the team standard

(reach out to Rachel and she will help). If you purchase a used helmet, please do your best to coordinate.

## **Player Standards**

See attached document titled Player Code of Conduct. Standards will be discussed with and handed out to players at the first team meeting.

## Spring 8th grade Girl Wolverines

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Alta gymnasium Wednesdays

Important Dates: *Fundraising and Volunteer Hour Opportunities*

Friday, April 5th @ 6:30pm

Boise High School

Saturday, April 6th @ 10am and 11:30am

Bishop Kelley High School

Saturday, April 13th @ 1:30pm and 4:00pm

Idaho Falls

Saturday, April 20th @ 1:00pm and 4:00pm

OK Ward Park Pocatello

Saturday, April 27th @ 2:30pm and 3:15pm

Idaho Falls

Saturday, May 11th & Sunday, May 12

Driggs Jamboree

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Boise Day of Lacrosse

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Jackson Tournament

June 8th and 9th  
Bozeman Tournament

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## Raffle Ticket Instructions

As you know, we rely on fundraising to keep Wolverine Lacrosse affordable for all families. Our TVYLA board is asking for each player to sell 5 raffle tickets in order to supplement the cost of the lacrosse program.

At **\$10.00** per ticket this means each player will bring in \$50.00 at the minimum! We encourage all players to sell as many as possible since there will be a **\$100.00 grand prize** to the player that does. The **runner-up will receive \$50.00**.

- Grand Prize is \$500 and Runner up will receive \$250
- Each Player will be given 5 tickets in a zip lock bag
- When a ticket is sold. The purchaser will keep the large side of the ticket and the player keeps the ticket stub with all pertinent information on it. (i.e. name, phone number and venmo)
- The Wolverine Venmo QR code is on the back of the ticket. **Ask purchasers to write their venmo username on the ticket stub if they are not paying cash.**
- If paying with venmo ask the purchaser to label the venmo transaction **Lacrosse Raffle**
- Any player can ask for more tickets from their team parent or coach
- Return the ticket stubs and all monies collected in the zip lock bag you were given the raffle tickets in originally. The player will **return the same zip lock bag to their team parent with their name and the number of tickets sold written on the bag by Friday, April 26th.**
- The winners will be announced **May 1<sup>st</sup> at 5:30pm** The lucky winners will be directly contacted and the good news will be posted on social media.



## 2024 Volunteer Hour Requirements

**VOLUNTEER DEPOSIT:** In order to continue developing our nonprofit Youth Lacrosse program, parents are required to volunteer a minimum of **10 hours per player**. K/2 and 3/4 players' parents are only required to volunteer **5 hours per player**. While many of our volunteer opportunities are offered during the spring season, our organization has ways to volunteer year round!

Opportunities include coaching, helping at the Driggs Jamboree, fundraising, being a team manager, Tin Cup, working the scoreboard table, end of the season party Thursday, June 13, helping with social media posts and more.

For families with multiple children registered with TVYLA, the deposit and the volunteer hours commitment will be capped at 2 children. A \$100 deposit per child (maximum deposit \$200) in the form of CHECK written to 'TVYLA' will be held, but not cashed, to insure this commitment by all families. When the volunteer hours are completed, the check will be shredded. If volunteer hours are not completed and reported by **Thursday October 31, 2024** the deposit will be cashed and donated to TVYLA the following Monday.

Please note:

- Volunteer deposit must be in hand before the first practice in order for your child to participate.
- Please make check out to: TVYLA. Check Date: **Oct 31, 2024**
- Checks can be dropped off at Gear Pick Up (date: TBD), given to your team manager or mailed to TVYLA at PO Box 874, Victor ID 83455
- EXEMPTIONS:
  - 1. Coaches who have coached two seasons or more for TVYLA and are currently coaching for the 2023-2024 season are exempt from this deposit.
  - 2. If you have more than two kids participating in the program the third child is exempt. We have capped this deposit at 2 players or \$200.

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Parent Name \_\_\_\_\_

Team \_\_\_\_\_

Date \_\_\_\_\_

Check # \_\_\_\_\_

Opted out - check cashed or venmo confirmed \_\_\_\_\_

Hours completed \_\_\_\_\_ Check shredded \_\_\_\_\_





# Teton Valley Youth Lacrosse Association

[www.tetonlax.com](http://www.tetonlax.com)



REV. 11/7/23

## Volunteer Hours

<u>Date</u>	<u>Hours</u>	<u>Event</u>	<u>Admin Initials</u>
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<u>Date</u>	<u>Hours</u>	<u>Event</u>	<u>Admin Initials</u>
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<u>Date</u>	<u>Hours</u>	<u>Event</u>	<u>Admin Initials</u>
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<u>Date</u>	<u>Hours</u>	<u>Event</u>	<u>Admin Initials</u>
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<u>Total Hours</u>			
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## PLAYER CODE OF CONDUCT

IN ORDER TO PARTICIPATE IN LEAGUE ACTIVITIES, I PLEDGE TO:

- Honor the game by showing respect for all teammates, coaches and referees.
- Honor the game by learning and upholding the rules of lacrosse.
- Honor the game by understanding the traditions and customs of lacrosse.
- Honor the game by adhering to the highest standards of sportsmanship, ethical conduct and fair play.
- Honor the game by winning with grace and losing with dignity.

IN ORDER TO PARTICIPATE IN LEAGUE ACTIVITIES, I PLEDGE NOT TO:

- Dishonor the game by using profanity at practice or games.
- Dishonor the game by use of alcohol, tobacco or illegal drugs.
- Dishonor the game by criticizing opposing coaches, players or officials.
- Dishonor the game by fighting or threatening an opposing player, coach or game official.

I \_\_\_\_\_ (athlete's name), have read and understand TVYLA's player code of conduct. I understand that I will be held accountable to this code of conduct, and I will do everything in my power to abide by the rules and values of TVYLA. I further acknowledge that should I violate the code of conduct and my actions result in personal injury to others or damage to property I and my parents/guardian shall be responsible for any and all costs that may arise from such action.

\_\_\_\_\_  
Printed Name of Athlete

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent / Guardian

\_\_\_\_\_  
Date

Each team must keep an original copy of this Code of Conduct on file for the season. Any player who wishes to participate in the league must sign this contract. A parent(s) or guardian must sign a player's form. The signature indicates that the person has read and agrees to this Code of Conduct and knows that the consequences of violating one of these rules may include ejection from the event. TVYLA Board of Directors or designated persons will be notified of the ejection.

Dear Wolverine families,

This year we will be hosting our 3<sup>rd</sup> Annual Wolverine Classic golf tournament and Cornhole Tournament to fundraise for our program. The event will be held at Teton Reserve on June 22nd.

For our tournament to be a success, we need your help! Below are some ways you can chip in.

#### Hole and Title Sponsorship

Are you or your business interested in sponsoring a hole or becoming the title sponsor for the tournament? **Hole Sponsorship** is \$500, and the **title sponsorship** level is \$3,000.

If you are interested or know of someone who would like to support our organization in this way, contact Crystal Osbrach (crystal.osbrach@gmail.com, 404-273-5808) **by Friday, May 10th**.

#### Raffle and Live Auction

We are gathering donated items and experiences for our raffle and live auction. Please reach out to your community and ask if they'd be willing to donate something for our event. We will divide the items up into raffled items and a live auction held at the end of the day.

Need some inspiration? Gift cards, apparel, gear, crafts, food & beverage and experiences. We would love to have several **"high dollar"** items or packages to auction off. Do you or a friend have a vacation house in another town and want to auction off a couple night's stay? How about someone who guides fishing, hunting or hiking in a cool regional area? Perhaps a scenic flight or a boating experience in the Bahamas? The sky's the limit!

When you ask and receive your items, please capture the following information so we can properly thank them: Name, business (if applicable), phone number, email and item/experience value. We would like raffle and silent auction items **by June 1**. Please contact Heather Frei (heather.tetonlax@gmail.com, 208-270-9163) with questions, ideas or donated items.

#### Play in the Tourney

Gather a group of your friends and play! Ticketing information will be available soon! Not a golfer? Help us get the word out. We will be following up with emails, social media and fliers around town...share with your friends!

#### Set Up, Tournament Fun & Clean Up

We are highly encouraging our players to get involved on the day of the tournament. We will have fun ways for them to share their love for lacrosse and support the organization. Parents, we would also love your help during the event. Stay tuned for a list of needs and **please mark your calendar for June 22nd**.